



For Jamie's Sake is a 501c3 non-profit foster and adoption resource center that strives to raise awareness for children in foster care and those waiting to be adopted, while normalizing adoption as a means of creating a "forever family". We are completely 100 % funded by our fundraisers, individual, business and church support.
 Mission: A forever family for every child.

2nd Annual



5K Run/Walk

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Sunday 2pm

May 5, 2019

**Boyd County Courthouse
 Catlettsburg, KY**

All proceeds benefit For Jamie's Sake in order to cover it's day to day expenses.

- 1pm On-Site Registration
- \$ 20.00 if pre-registered before May 4th
\$25 Day of Race
- Pre-registered groups of 8 or more can register for \$18 each.

- **May is foster care awareness month!**
- Race shirts guaranteed to first 150 registered
- Door prize •Refreshments
Come out and support a great cause!

Course: Flat and fast thru downtown Catlettsburg. Starts and ends at the courthouse. Course will be an out and back section then a loop out thru the historic city district.

Race Course records:
 Male: Gavin Brock 19:16 2018
 Female: Laura Hamm 22:10 2018

Trophies to first two overall male and female finishers.
 Awards to first three finishers in each male and female age group.
No duplication of awards
 Age Groups: 9 and under
 10-14 15-19 20-24 25-29 30-34
 35-39 40-44 45-49 50-54
 55-59 60-64 65-69 70+



Please mail registration and check payable to:
O Such Race Planners
 Memo: Bamm Bamm 5K to:
 Bamm Bamm 5K
 c/o Alan Osuch
 5024 Williams Avenue
 Ashland, KY 41101

*****Cut here*****

Bamm Bamm 5K

Name: _____ Address: _____
 Email: _____
 Phone: _____ Gender: M F Age on race day: _____
 Shirt Size _____ (2X, 3X and 4X add \$2.00) Donation _____ Amount Enclosed\$ _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Catlettsburg, Boyd County Courthouse, For Jamie's Sake, O Such Tri-State Race Planners, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ Date: _____
 Parent/Guardian (For minor): _____