



**Maps: 38.118474 -82.692215**



*3<sup>rd</sup> Annual*  
**Run For A Goal 5K**  
*Yatesville Lake Edition*

**5K Run/Walk**  
**May 4, 2019**  
**9am**

**Yatesville Lake Marina**  
**23 South... Right on Rt**  
**3... left on 1185... follow**  
**to marina**

**All proceeds go to support Lawrence County Youth Soccer!**

- 8am on site registration
- \$20 registered before May 3rd
- \$25 Day of Race
- \$18 for pre-registered groups of 8 or more postmarked by April 26th

**2 RACE SPECIAL!!!**  
**Do the Run For A Goal Yatesville Edition May 4<sup>th</sup> and the Fallsburg Edition October 12<sup>th</sup> for \$35 Pre-registered only.**  
**On this form or on TriStateRacer.com on the Yatesville Edition listing.**

**Course: Course is a loop. Mostly flat. One small hill. One very steep hill. 50/50 blacktop and gravel**

**Refreshments**  
**Door Prizes**  
**Shirts to first 150 registered**

*Please mail registration and check payable to*  
**O Such Race Planners**  
**Memo: Run For A Goal**  
**Run For A Goal 5K**  
**c/o Alan Osuch**  
**5024 Williams Ave.**  
**Ashland, KY 41101**



**Race Director: Alan Osuch**  
**OsuchRacePlanner@aol.com or 606-369-4403**

**Trophies to first two overall male and female finishers.**  
**Awards to first three finishers in each male and female age group.**  
**No duplication of awards.**  
**Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+**

\*\*\*\*\* Cut here \*\*\*\*\*

**Run For A Goal 5K**

**Name:** \_\_\_\_\_ **Address:** \_\_\_\_\_  
**Email:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_ **Gender:** M F **Age on race day:** \_\_\_\_\_  
**Shirt Size** \_\_\_ (2X, 3X and 4X add \$2.00) **Yatesville** \_\_\_ **Both Races** \_\_\_ **Amount \$** \_\_\_\_\_

**WAIVER: I know that running any kind of road or off road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Louisa, Lawrence County Youth Soccer, Yatesville State Park, O Such Tri-State Race Planners, TriStateRacer.com Timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Parent/Guardian (For minor):** \_\_\_\_\_