

The Races:

3 Miler – Start at the lake > out the soccer field road > over the bridge > turn around at soccer field > return to lake to finish. Race starts at 6:30 PM on July 19th!

4 Miler – Start at lake Veterans Monument > one lap around lake > out the soccer field road > turn around at the shooting range > return and do one lap around lake to Finish. Race starts at 6:30 PM on August 9th!

5 Miler – Start at tennis courts > head to the lake and do one lap > out and up the hill to and through the baseball fields > out the soccer field road > over the bridge then left at the soccer fields > turn around past the bathroom building > return on the soccer field road, skip the baseball fields on the return > return and do one lap around the lake to Finish. Race Starts at 6:30 PM on September 6th!

All courses are extremely fast!!!

Facilities:

Restrooms are available at the start/finish area at the Barbourville Park.

Registration:

Pre-Registration (3 Miler, 4 Miler & 5 Miler):
\$25 each Race

Race Day Registration: **\$25**
(Begins at 5:30 PM)

**Register for all 3
races before
July 19th for \$60!**

Please fill out the form to the right and mail with remittance to:

Barbourville Summer Series
C/O: Alan Osuch
5024 Williams Avenue
Ashland, KY 41101

Make Checks Payable to:
O Such Race Planners



Awards:

3 Miler – Medals – Top 2 overall male and female – Top 3 age groups

4 Miler – Medals – Top 2 overall male and female – Top 3 age groups

5 Miler – Medals – Top 2 overall male and female – Top 3 age groups

Series Awards – Top 2 overall male and female – Top 3 age groups

T-shirts:

Complete ALL 3 races in the Series to receive your special long sleeved tech shirt!

Age Groups:

12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

All proceeds will benefit the Sounds of Christmas Children's Foundation.

More information available at:



TriStateRacer.com



Barbourville Summer Series Entry Form

Which race are you signing up for?
(Circle all that apply)

3 Miler

4 Miler

5 Miler

First Name:

Last Name:

Age on 07/19/2019 M/F Gender S M L XL XXL XXXL Shirt Size

Address

City State Zip

E-Mail

Phone

What races in the series have you already run?
(Circle all that apply)

3 Miler

4 Miler

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather (including cold weather and ice), traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry, I for myself, and anyone entitled to act on my behalf, waive and release Alliance for a Healthier Generation, O Such Tri-State Race Planners, TriStateRacer.com, race officials, volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent if under 18)

Date