

Kentucky  
Circuit  
Court  
Clerks'



The mission of the KY Circuit Court Clerks' Trust is to inform, educate and encourage Kentuckians to register as organ and tissue donors to save lives.

# Be A Hero



## 5K Run/Walk

### 5K Run/Walk

Saturday 9am

August 10, 2019

Boyd County  
Courthouse  
Catlettsburg, KY

All proceeds go to support a separate 501c3 non-profit organization dedicated to public education about the mission of organ donation in Kentucky called the Trust For Life.

<ul style="list-style-type: none"> <li>• 8am On-Site Registration</li> <li>• \$20 pre-registered before Aug. 9th</li> <li>• \$25 Day of Race</li> <li>• \$18 for pre-registered groups of 8 or more. Must be postmarked by August 2nd</li> </ul>	<p><b>Major Door Prize:</b> <b>26" Huffy 18 Speed Nighthawk Mountain Bike</b></p> <ul style="list-style-type: none"> <li>• Race shirts guaranteed to first 150 registered</li> <li>• Door prize</li> <li>• Refreshments</li> </ul>	<p>Course: Flat and fast. Run thru downtown Catlettsburg. Starts and ends at the courthouse. Course will be an out and back section with then loop out thru the historic city district.</p>
<p>Trophies to first two overall male and female finishers. Awards to first three finishers in each male and female age group. <i>No duplication of awards</i> Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+</p>	 <p>RACE PLANNERS Race Director: Alan Osuch <a href="mailto:OsuchRacePlanner@aol.com">OsuchRacePlanner@aol.com</a></p>	<p>Please mail registration and <u>check payable to:</u> <u>O Such Race Planners</u> <u>Memo: Be A Hero 5K to:</u></p> <p>Be A Hero 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101</p>

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## Be A Hero: Donate Life 5K

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Gender: M F Age on race day: \_\_\_\_\_

Shirt Size \_\_\_\_\_ (2X, 3X and 4X add \$2.00) Donation \_\_\_\_\_ Amount Enclosed\$ \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Catlettsburg, Boyd County Courthouse, the KY Circuit Court Clerks' Trust, O Such Tri-State Race Planners, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (For minor): \_\_\_\_\_