## The Races:

3 Miler - Start at the lake > out the soccer field road > over the bridge > turn around at soccer field $>$ return to lake to finish. Race starts at 6:30 PM on July $16{ }^{\text {th }}$ !

4 Miler - Start at lake Veterans Monument > one lap around lake > out the soccer field road > turn around at the shooting range $>$ return and do one lap around lake to Finish. Race starts at 6:30 PM on August 13 ${ }^{\text {th }}$ !

5 Miler - Start at tennis courts > head to the lake and do one lap > out toward the soccer field road > to the shooting range $>$ over the bridge then left at the soccer fields > turn around past the bathroom building > return on the soccer field road, return and do one lap around the lake to Finish. Race Starts at 6:30 PM on September 10 ${ }^{\text {th }}$ !

## Facilities:

Restrooms are available at the start/finish area.

## Virtual

## Awards:

Finisher medal to those that complete all three races.

## Special Long Sleeve Tech Shirt To all registrants

## Results

1. Run your race anywhere
2. Post your time online

July 16/17
August 13/14
September 10/11
Please fill out the form to the right and mail with remittance to:

Barboursville Summer Series C/O: Alan Osuch
5024 Williams Avenue
Ashland, KY 41101
Make Checks Payable to:
O Such Race Planners


## In Person

## Awards:

## 3 Miler

Trophies - Top 2 overall male and female Medals - Top 3 Male and female age groups

## 4 Miler

Trophies - Top 2 overall male and female Medals - Top 3 Male and female age groups

## 5 Miler

Trophies - Top 2 overall male and female
Medals - Top 3 Male and female age groups

## Series Awards

Trophies - Top 2 overall male and female Medals - Top 3 Male and female age groups
(No duplication of awards)

## Special Long Sleeve Tech Shirt To all registrants

## Age Groups:

12 \& under, 13-19, 20-29, 30-39, 40-49, 5059, 60-69, 70 \& over

## All proceeds will benefit the Ashland Community Kitchen and the Ironton City Mission Pantry

Which race are you signing up for?
In Person Plus Finisher Medal $\$ 70$ In Person No Finisher Medal $\$ 60$
Virtual Plus Finisher Medal \$60

First Name:

Last Name:

|  | M/F | S M L XL XXL XXXL |
| :--- | :---: | :---: |
| Age on <br> $07 / 16 / 2021$ | Gender | Shirt Size |

## Address

City State Zip

E-Mail

## Phone

I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release O Such TriState Race Planners, race officials and all sponsors from all claims to liabilities arising out of my participation in this event.

