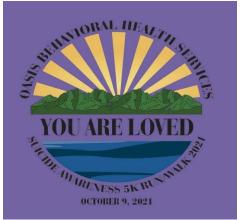


All proceeds will go to our local Suicide Prevention Lifeline. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.



## 5K Run/Walk

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Saturday October 9, 2021 9am

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Community Park Barboursville, WV

Virtual option available online at TriStateRacer.com

- •8am to 9am On-Site Registration in the Park
- •\$25.00 if pre-registered on or before October 7th Shirt and bib race day
- •\$30 Day of Race Bib at registration, shirt will be mailed

Trophies to first two overall male and female finishers.

Awards to first three finishers in each male and female age group.

No duplication of awards

Age Groups: 9 and under 10-14
15-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75+

Race Shirts guaranteed to all registered
Door prizes
Refreshments
Run or walk with friends

•Support a great cause

Course: Start at the lake > out the soccer field road > over the bridge > .5 mile to the right > turn around > return to the lake to finish.

Race Course records:
Male Carsen Blower 17:54 2019
Female Abigale Sloan 23:49 2019



Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403

Please mail registration and check payable to: O Such Race Planners Memo: You Are Loved to:

You Are Loved 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101

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	You Are Loved 5K	
Name:	Address:	
Email:		
Phone:	Gender: M F Age on race day:	
Shirt Size (2X, 3	X, and 4X add \$2.00) Extra Donation Amount paid	

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the Village of Barboursville, Oasis Behavioral Health Services, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature:		Date:	
S	Parent/Guardian (For minor): _		