At GAMC our veterinarian and staff provide expert, loving care for puppies, kittens and exotic pets throughout their life until they are seniors and beyond. Our mission is to provide the highest quality in Veterinary Medical care in a friendly, relaxed setting. Client communication and education is a priority. We view this as a partnership and try to teach you to take care of your pet when it is out of our care. We also want your pet to enjoy visiting us. We are certified Gold Feline Friendly.



5K Run/Walk May 22, 2021 9am 1 Mile Dog Walk 8:30am **Guardian Animal Medical Center** 918 Bellefonte Road Flatwoods, KY

Virtual option available online at TriStateRacer.com

Proceed go toward acquiring a second flight cage for our rehab birds. Flight cages allow for free flight to build muscles prior to release.

•8am On-Site Registration \$25 if pre-registered before May 21st Day of event \$30. **1 Mile Dog Walk** 

**\$5** at all times All dogs and cats get a bandana and Treat Bag Awards to the first 3 pets to finish

**Trophies to first two overall** male and female finishers. Awards to first three finishers in each male and female age group. Award for the first stroller. No duplication of awards

Age Groups: 1-9 10-19 20-29 30-39 40-49 50-59 60-69 70-79 80+

 Each runner will have a specific starting time • They will line up in corrals • Runners will go off at ten runners every minute •Wearing masks encouraged pre and post race **Refreshments to be determined** 

•Shirts to all registrants



**Race Director: Alan Osuch** OsuchRacePlanner@aol.com or 606-369-4403

**Course: Starts at the Guardian Animal** Medical Center. The route will be on residential roads to Flatwoods City park, around the park and down Bellefonte road and back up the hill. This will be a flat run for the first mile. downhill for the second mile and a slow rise uphill for the last mile.

(Note: The last 2 miles are the 1<sup>st</sup> and 3<sup>rd</sup> miles of the Super Ouik 5K)

Please make check payable to: **O** Such Race Planners Memo: Guardian Animal5K

Please mail registration to: **Guardian Animal 5K** c/o Alan Osuch **5024** Williams Avenue Ashland, KY 41101

## **Guardian Animal 5K**

Name:	_ Address:		
Email:			
Phone:	_ Gender:	MF	Age on race day:
Shirt Size (2X, 3X and 4X add \$2.00) Finisher Medal (\$6)			
Check: 5K Run/Walk (\$25	) Dog Wa	alk (\$5) _	Amount paid \$
WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Flatwoods, the City of Russell, Guardian Animal Medical Center, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.			
Signature:			Date:
- Dement/Curandian			

Parent/Guardian (For minor):