



5K Run/Walk
November 20, 2021
Saturday 9am
**Crabbe School/
 Central Park**
 A virtual option is available
 online at tristateracer.com

Proceeds benefit the Ashland Youth Ballet (AYB) outreach activities including performances and scholarships for under-served youth.

•8am On-Site Registration
 • \$ 25.00 if pre-registered before November 19th
 • \$30 Day of Race
 • Race shirts guaranteed to all registrants

Peoples choice prize for the best male and best female Tutu outfit!!
 •Door prizes
 •Refreshments
 •Support our youth

Course: Uses the City of Ashland Central Park course. Runners start in the park and finish at the Crabbe Elementary School.
Race Course records:
 Male: Chandler Boyle 19:49 2019
 Female: Claire Gussler 20:30 2018

Trophies to first three overall male and female finishers.
 Awards to first three finishers in each male and female age group.
No duplication of awards
 Age Groups: 9 and under
 10-14 15-19 20-24 25-29 30-34
 35-39 40-44 45-49 50-54
 55-59 60-64 65-69 70-74 75+



Please mail registration and check payable to:
O Such Race Planners
 Memo: *Tutu Trot* to:
 Tutu Trot 5K
 c/o Alan Osuch
 5024 Williams Avenue
 Ashland, KY 41101

*****Cut here*****

Tutu Trot 5K

Name: _____ Address: _____

Email: _____

Phone: _____ Gender: M F Age on race day: _____

Shirt Size _____ (2X, 3X, and 4X add \$2.00) Amount paid _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Ashland, Ashland Youth Ballet, Crabbe Elementary School, O Such Tri-State Race Planners, race timers, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ Date: _____

Parent/Guardian (For minor): _____