Mission: Finding strength in the fellowship of other Gold Star Mothers who strive to keep the memory of our sons and daughters alive by working to help veterans, those currently serving in the military, their families and our communities.

Run To Salute 5K

And 1 Mile Memory Walk

Run/Walk 5K
And 1 Mile Memory Walk

October 23, 2021
Barboursville Park
Barboursville, WV
9am
Virtual option available online at TriStateRacer.com

•Early Packet pickup TBD
•8am to 9am On-Site Registration
•$25.00 if pre-registered on or before October 15th - Shirt and bib at packet pickup
•$30.00 if pre-registered October 16th thru 7am October 22nd - Bib at pickup, shirt mailed
•$35 Day of Race - Bib at registration, shirt mailed

Walk is $25 at all times

Please mail registration and check payable to O Such Race Planners
Memo: *Run To Salute 5K* to:
Run To Salute 5K
c/o Alan Osuch
5024 Williams Avenue
Ashland, KY 41101

• On packet pickup or race day registration runners will pick up their race packet and choose a corral time. Each runner will have a specific starting time.
• They will line up in corrals. Runners will go off at 10 runners every minute.
• The water station at the turn-a-round will have bottles of water to grab and go. No cups. Multiple trash containers will be provided along the route.
• While running the runners will be told to stay to the right. All runners, especially slower runners, are to stay far right. Any runner passing a runner must pass on the left.
• At the Finish Line grab and go water will be available.

Start at the lake > out the soccer field road > over the bridge > .5 mile to the right > turn around > return to lake to finish.

Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+

•Trophies to the first three overall male and female finishers
•Awards to the first three finishers in the male and female age groups
•No duplication of awards

Race shirt to all registered

Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403

**********Cut here**********

Run To Salute 5K

Name: _____ Address: _____
Email: _____ _____
Phone: _____ Gender: M F Age on race day: ____
Choose one: 5K _____ 1 Mile _____ Shirt Size ____ (2X, 3X and 4X add $2.00)
Extra donation $ _____ Finisher Medal ($6) _____ Amount paid $_____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release Gold Star Mothers of WV, Village of Barboursville, O Such Tri- State Race Planners, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ Date: _____
Parent/Guardian (For minor): _____