



Mattie was studying to become a nurse. She was a member of the First Baptist Church of Russell and was a 2014 graduate of Greenup County High School. She loved all things in life, however nothing meant more to her than being a mom and spending time with Macie and her family.



5K Run/Walk
September 11, 2021
Saturday
9am
Russell-McDowell Intermediate School
1900 Long Street
Flatwoods, KY

Proceeds go toward the Mattie Conley Memorial Nursing Scholarship at Ohio Southern University.

•8am On-Site Registration
• \$ 25.00 if pre-registered before September 10th
\$30 Day of Race
Race Course records:
Male: Neil Johnson 22:00 2018
Female: Kemmely Hochstetler 24:51 2017

•Race Shirts guaranteed to all registered
Door prizes/ Refreshments
Celebrate Mattie's life and keep her nursing dream alive with the nursing Scholarship!

Course: Starts at the school and runs thru the residential neighborhoods of Avery Court, Gilley Street and Pine Street. Runners head out... then a large loop... then return back.

Trophies to first three overall male and female finishers.
Awards to first three finishers in each male and female age group.
No duplication of awards
Age Groups: 9 and under 10-14
15-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75+



Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403

Please mail registration and check payable to:
O Such Race Planners
Memo: Conley Memorial to:
Conley Memorial 5K
c/o Alan Osuch
5024 Williams Avenue
Ashland, KY 41101

*****Cut here*****

Mattie Conley Memorial 5K

Name: _____ **Address:** _____
Email: _____
Phone: _____ **Gender: M F** **Age on race day:** _____
Shirt Size _____ **(2X, 3X and 4X add \$2.00)** **Extra donation \$** _____ **Amount paid \$** _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Flatwoods, Russell-McDowell Intermediate School, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ **Date:** _____
Parent/Guardian (For minor): _____